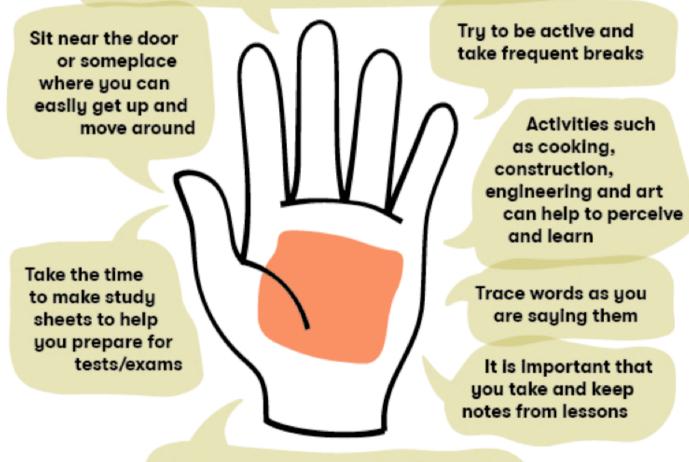
## WHAT LEARNING STYLE FITS YOU BEST: KINESTHETIC?

Visual, Auditory, and Kinesthetic (movement) are the three main learning styles. Think of them as see, hear and touch. Understanding which works best for you can play a big role in figuring out how best to study.

## KINESTHETIC/TACTILE LEARNERS:

Try creating something to help you remember lessons (i.e. a scrapbook with different parts/concepts)



To learn facts, try to write them out several times – you will find having scrap paper around useful for this

